

6911 Marlin Circle, La Palma, CA 90623 (714) 523-8700, Fax (714) 523-3220

Honda CBR600 F2 & F3 465 Series Single Shock Supplement

Please read these instructions completely before starting!

1. Shouldered sleeves with O-rings should already be installed in the shock eye. If not, insert sleeves with O-rings in both top and bottom eyes (see figure 1). Note: The widest sleeves go in the bottom eye.



figure 1

2. Mount the shock, referencing your authorized shop manual, noting the following important details: Make sure rebound adjustment and pressure valve is facing the upward. The rebound adjuster end of the shock will be mounted towards the rear wheel. It will be necessary to drill a 5/16" hole through the inner fender to adjust the rebound damping after the inner fender is installed. This hole allows the ½" allen wrench to pass through the inner fender into the rebound adjustment on the shock. Tighten shock bolts to the proper torque specifications (refer to authorized shop manual).

Note: The locking preload ring is not used on this motorcycle.

Caution: The installed spring length must never be set shorter than 5.12" or shock damage may occur.

http://www.progressivesuspension.com

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